

## Job Description

Care workers are professionals who support the overall life of residents. You will be involved with residents in various situations every day.

### ① Serving meals and assisting with eating.

Meals are delivered by a food delivery vehicle from the Nutrition Department. Each person's meal are cut and shaped differently. Each tray has a name on it. Meals are served to each resident, and is set up so that they can eat on their own, and staff members assist those who cannot eat on their own.



### ② After eating, mouth care.

Some people only need to have their mouth care set prepared, while others need assistance. If there is residue in the mouth and it is left dirty, it can lead to aspiration pneumonia. Keep the mouth clean.

### ③ Assistance with excretion.

Excretion is a physiological phenomenon. We assist those who cannot use the toilet by themselves, helping them stand, lift and lower their clothing, sitting, and keeping them clean so that they can use the toilet as much as possible. We also assist those who cannot sit on the toilet by changing their diapers in bed.



### ④ Bathing assistance

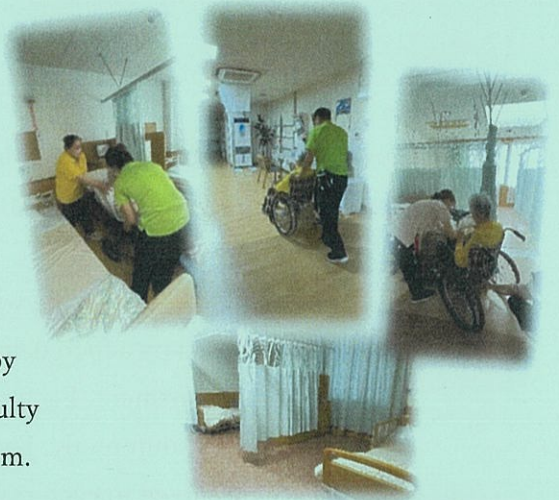
Two baths per week. Those who can walk will bathe in the large public bath, and those who cannot bathe without assistance will bathe in a sitting or lying position. If they are not feeling well and cannot take a bath, we will wipe their bodies. We will refresh their bodies, keep them clean, and keep them healthy.





#### ⑤ Mobility and transfer

Some people have difficulty walking due to illness or disabilities. We provide assistance to those who can't walk without assistance. We encourage those who have difficulty walking to use a wheelchair and teach them how to move around by themselves. Some people cannot operate a wheelchair by themselves, so we help them move by pushing the wheelchair. We also assist those who have difficulty transferring from their bed to the wheelchair by carrying them.



#### ⑥ Recreation, events, etc.

We provide recreational activities so that our residents can have fun and use their bodies and minds naturally in their daily lives. We provide our residents with a fun lifestyle through a variety of activities, such as singing and playing games. We also hold events according to the season. We go out for drives or walks in the park, and hold events at the facility.



#### ⑦ Communication

Communication is essential when providing support for daily life. In order to ensure smooth communication with our users, we communicate with them daily during our support services.

#### ⑧ Learning

As an EPA care worker candidate, you will have the opportunity to learn Japanese, care skills, care knowledge, etc. in order to obtain the national care worker qualification three years after arriving in Japan. At Satsukikai, there is a department called the EPA Support Department, which provides support in terms of study and daily life. We also provide a wide range of support, such as participation in Japanese language classes and group training organized by JICWELS. We also provide exam preparation classes and ensure time for self-study.

